

KEEP ON KEEPING ON

When you're a songwriter, you try to tap into any phrase or craze that's going on. They say you need a hook, something memorable. I have many songs that came to me as a saying or catchy phrase. "Keep On Keeping On" is an example of just that. All I had to do was write the song. Right! This is the story of a dream in which a young traveler, trying to find his way on the road of life, encounters a crazy old man of whom he seeks advice. The wise, but crazy old man tells him, "Keep On Keeping On" my son.

"I woke up this morning somewhere in my mind
Walking down a road in another space and time
There were voices talking softly and faces looking kind
They took me to a place I thought I'd never find
I swam the river and I drank the rain
Walked on a burning sun and felt no pain
Talked to a madman who was quite insane
He said, "Keep On Keeping On" my son.